

Information following:

## Immediate Dentures

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- Multiple teeth have been extracted, and immediate complete denture(s) have been placed. It is essential to try and not remove the denture(s) until your follow-up appointment, which is in 48 hours.
- The denture(s) acts as a bandage. Keeping constant pressure will aid in stopping the bleeding and will help control the swelling. It is okay to lightly swish your mouth out with water, if it will make you feel more comfortable.
- You may have had a soft liner material placed at the time of the extractions and delivery of the denture(s). The soft lining material will remain in the denture(s) throughout the 4 – 6 month healing process, and more material may be added when necessary.
- It is completely normal to experience some bleeding that may come out of the denture. A piece of gauze can be rolled up and placed on the inside of the lip to help absorb the bleeding, if necessary.

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- It is essential to maintain a very soft diet and drink plenty of fluids following the procedure. The gum tissue will be very tender following the extractions, and it is even common to have some ulcerations on the tissue.
- We will see you in the office in approximately 2 days so that we can remove the denture and evaluate healing. From this point on, the denture(s) should be taken out at night time and stored in an appropriate denture cleaning solution.
- Please do not hesitate to call if you have any sore spots or need any adjustments. The gum tissue will continue to shrink over the next 4 – 6 months. You may have to come to the office numerous times over this period in order to add more material as the gum tissue continues to shrink. This is part of the process to ensure proper healing and an accurate fit of the final relined denture(s).
- After 4 – 6 months, once the gum tissue has healed completely, it is essential to have a reline of the inside of the denture(s) completed. You will be appointed at our office early in the morning and we will complete the reline and return the newly relined denture(s) the same afternoon.