



## **AFTER THE SEDATION APPOINTMENT:**

- 1. The dentist and/or staff will evaluate health status before he/she is discharged home.** At discharge, you should be responsive but may be drowsy, crying, or fussy.
- 2. Once home, your escort must remain with you under adult supervision for the rest of the day. The sedation could last 6-8 hours (up to 24h) after leaving the dental office.**
- 3. During this time, they may want to sleep and should be positioned without a lot of pillows or blankets around his/her face, but should be propped up.**
- 4. Restrict activities for the rest of the day. NO DRIVING FOR 24h and until fully alert**
- 5. The numbness usually lasts 2-4 hours. Watch very closely to make sure they are not biting, scratching, or injuring the cheek, lips, or tongue.**
- 6. Please wake patient at least every 2-3h and provide hydration until they are awake enough to begin drinking/eating on their own. If they tolerate the above, without problems, proceed to more substantial diet.**
- 7. Smoothies and soups are a great first food/drink to offer after sedation visits. Again, if they tolerate this, move on to solid food.**
- 8. Please make sure patient is hydrated by observing bathroom visits. Urine that is yellow and concentrated indicates a need for more hydration, please hydrate with small amounts of water, given frequently.**

**Please feel free to call our office with any questions or concerns that you may have**

**Office: (337) 837-1861**

**Thank you**