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**Instructions for Patients who will be receiving orally administered or IV administered conscious sedation**

For your comfort, your surgery will be performed utilizing a combination of local anesthetics and orally administered conscious sedation or IV administered conscious sedation. For your safety, it is necessary that you follow the instructions below:

1. Please take your usual prescribed medications as well as those that have been prescribed for you in preparation for your procedure, unless advised otherwise by your physician or dentist.
2. The night before surgery (sometime shortly before going to bed) as well as the morning of surgery (approximately 1 hour prior to your appointment) wash your face with an antibacterial soap.
3. Please advise us of any medications that you are taking, even over-the-counter drugs. Please do not take any medicines without the doctor's knowledge and approval.
4. **ORAL SEDATION: DO NOT HAVE ANYTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR ORAL SEDATION APPOINTMENT.**
5. **ORAL SEDATION FOR DIABETIC PATIENTS ONLY: PLEASE EAT A LIGHT BREAKFAST BEFORE 6 A.M. AND TAKE 1/2 INSULIN**
6. **IV SEDATION: DO NOT HAVE ANYTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR IV SEDATION APPOINTMENT.**

7. **IV SEDATION FOR DIABETIC PATIENTS ONLY: DO NOT TAKE YOUR REGULAR INSULIN THE MORNING OF YOUR PROCEDURE. YOU MAY TAKE ANY OF YOUR ORAL MEDICATIONS. IF YOU HAVE AN AFTERNOON APPOINTMENT, YOU MAY EAT A LIGHT BREAKFAST AT LEAST 8 HOURS PRIOR TO YOUR APPOINTMENT TIME.**
8. Do not drink any alcoholic beverages the night before or the day of your appointment.
9. Please wear loose, comfortable clothing. No makeup, no fingernail polish or acrylic nails, and no contact lenses to be worn.
10. Please arrive promptly for your appointment. Late arrival may necessitate rescheduling of your surgery.
11. You must be accompanied home by an adult who will drive and arrange for responsible supervision for the remainder of the day. We are sorry, but for your safety we cannot allow you to take public transportation or to drive yourself home.
12. Parents or Guardians of young patients should observe the child continuously upon returning home and call us immediately if disturbances or problems should develop.
13. Full mental alertness will not return for several hours after your sedation. Therefore, for the remainder of the day you should limit activity that requires full concentration. You will not be able to safely or prudently: (1) drive an automobile or operate machinery, (2) undertake business or financial matters or (3) drink alcoholic beverages the day of your sedation. Remaining sedentary as well as the use of a small ice pack on your face can significantly enhance your comfort. Heavy physical activity shortly after your surgery can cause complications and pain.
14. Please notify us if you develop a cold, sore throat, cough, congestion or fever or any other illness during the week prior to your surgical appointment. If rescheduling your appointment becomes necessary, we would like to have as much advance notice as possible.

**If you have any questions, please do not hesitate to call us. We are here to help in any way that we can. (337) 837-1861**